

All About  
Another step to the NEW YOU



# My W8 Journey

## Inspire others...

You must have completed the My Journey Forms and signed the consent form

We cannot guarantee that all/any contribution made will be used in publicity

You warrant that your statements to the best of your knowledge are true



### **Inspire others.....**

If you would like to share your W8 journey with others, we would like to reward you for this. Many will be very motivated by reading your journey to the New You and it will help inspire others, and of course gives you an opportunity to celebrate your own personal achievement.

### **Who will see my Journey.....**

Well, W8 advertise in the national magazines, local publications, our own Company website, covering small features and advertisements.

### **How we reward you.....**

If you are selected to be part of our advertisement campaigns, or featured in an article, you will receive an all expenses paid photo shoot, photo's for you to keep from the day, and your hair and make up done professionally.

If you are then chosen for any of our national campaigns, you will receive, in addition, a one off payment of £75, and you may be asked to attend another photo shoot, although this may not always be necessary.

At the very least we will add you to our website testimonials so you can inspire others and send you a Marks and Spencer Gift Voucher for £15.00, as our way of saying thank-you.

## What do I do now?

Please complete the attached forms, signing your consent and return with some of your before and after photographs, which we will return to you.

We will notify you of which option we have selected you for.

Please fill in the relevant details below:

<b>Consultant Name:</b>	
<b>Your Name:</b>	
<b>Address:</b>	
<b>Tel No:</b>	
<b>E Mail:</b>	
<b>Which W8 Programme:</b>	
<b>Starting Weight:</b>	
<b>Dress/Suit Size before:</b>	
<b>Dress/Suit size afterwards:</b>	
<b>Finishing Weight:</b>	

### Why did you choose W8 Programme?

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### Your Journey Details

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### What have you noticed since losing the weight?

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## Any other interesting comments about your journey with W8

I would like my story to be put forward for (tick please)

Website	<input type="checkbox"/>	National Papers	<input type="checkbox"/>
Local Advertising	<input type="checkbox"/>	Television/Radio	<input type="checkbox"/>
Magazines	<input type="checkbox"/>		

Please return this, and the consent form, along with your photo's to

**W8**  
Head Office  
Crewe Business Park  
Cheshire  
Crewe  
CW1 6LD

**tel:** 0844 544 7773

**email:** [enquiries@allaboutW8.co.uk](mailto:enquiries@allaboutW8.co.uk)

**fax:** 0844 544 7774

## Consent Form

I have read and consent to the terms and conditions and I agree to:-

Provide my contribution of words and pictures about my W8 journey, to W8, for the use in publicity materials and events, and also to be used on the official W8 website.

I also agree to no restricted time frame, full copyright to W8.

Signed ..... Date .....

Print Name .....

W8 Consultant .....

## Terms and Conditions

You must have completed a program for W8, and have lost at least one stone in weight before you can participate.

You must have completed the My Journey Forms and signed the consent form.

We cannot guarantee that all/any contribution made will be used in publicity.

You warrant that your statements, to the best of your knowledge, are true.